

Bev Williams  
Central YMCA Qualifications  
112 Great Russell Street  
London  
WC1B 3NQ

29<sup>th</sup> July 2014

Dear Bev Williams,

**Recognition of CYQ level 3 qualifications for inclusion in the 2016 16-19 Performance Tables as Technical Level Qualifications**

**About REPs**

REPs (The Register of Exercise Professionals) is an independent public Register which recognises the qualifications and expertise of health-enhancing exercise instructors in the UK. One of our key functions is to provide a system of regulation for instructors and trainers to ensure that they meet the health and fitness industry's agreed national occupational standards.

Membership of REPs provides assurance and confidence to consumers, employers and the health professions that all registered exercise professionals are appropriately qualified and have the knowledge, competence and skills to perform specific roles.

Members are acknowledged for their:

- professionalism
- adherence to the industry's nationally recognised standards
- on-going education

Members are bound by a [Code of Ethical Conduct](#) and hold appropriate public liability insurance.

In order to remain on the Register, members must continue to meet the standards that are set for their profession through Continual Professional Development.

To gain recognition by the Register of Exercise Professionals, instructors must provide evidence that they meet the national occupational standards. These standards are produced by [SkillsActive](#), the Sector Skills Council for Active Leisure & Wellbeing, who represent the needs of the industry agreed by employers and other stakeholders.

There are over 30,000 current REPS members, which represents approximately 50% of the industry. The REPS model is seen as the template for registers across the world with our REPs members recognised as being occupationally competent in [Europe](#), [Australia](#), [New Zealand](#) and [South Africa](#). REPs also have representation at all international forums EREPS / EHFA and ICREPS.

## Recognition of CYQ qualifications

REPs recognises the following CYQ qualifications as being fit-for-purpose for the 16-19 Performance Tables:

- **CYQ Level 3 Diploma in Personal Training and Instruction (QCF) 600/1275/4**
- **CYQ Level 3 Diploma in Personal Training (Gym-Based Exercise) (QCF) 601/0195/7**

Each of these qualifications provides the specialist knowledge and skills relevant to the role of personal trainer within the health and fitness industry. REPs understands that the knowledge and skills meet the national occupational standards relevant to this role, to a standard that can be reasonably expected of an 18-year-old in full-time education, and recognises these qualifications for entry to the Register at level 3, as a personal trainer.

Achievement of either of these CYQ qualifications would give students an advantage when applying for related jobs, apprenticeships, training or HE courses.

We are happy for our Professional Body name and website to be made available on the DfE and CYQ website to confirm our support for the qualifications.

Yours faithfully,



Rob Wilkie  
Compliance and Standards Manager  
SkillsActive Registers