

Accreditation of Prior Achievement (APA) claims guide for BTEC Nationals in Sport

CYQ Certificate in Fitness Instructing		BTEC National Diploma in Sport	
Unit number	Unit title	Unit number	Unit title
1	Underpinning Knowledge - Theory Paper	1	The Body in Action
		3	Training and Fitness for Sport
		6	Fitness Testing for Sport and Exercise
		10	Sports Nutrition
		13	Exercise, Health and Lifestyle
		14	Instructing Physical Activity and Exercise
		15	Exercise for Specific Groups
2	Health, Safety & Professionalism – Worksheet	2	Health and Safety in Sport
		3	Training and Fitness for Sport
		6	Fitness Testing for Sport and Exercise
		11	Sport and Society
		13	Exercise, Health and Lifestyle
		14	Instructing Physical Activity and Exercise
		17	Sports Injuries
		24	Sport as a Business
		25	Work-based Experience in Sport

Claiming APA for National Diploma in Sport and National Certificate in Sport (Development, Coaching and Fitness) Learners

In order to claim APA for CYQ Level 2 Certificate in Fitness Instructing units 1 and 2, for BTEC National Diploma in Sport learners and for BTEC National Certificate in Sport (Development, Coaching and Fitness) learners, please follow the guidelines outlined below:

1. Use the table above to establish which BTEC units map effectively to CYQ units 1 and 2
2. Record APA against CYQ unit 1 and/or unit 2 (as appropriate) on the CYQ certification claim form
3. Attach a copy of the Edexcel Student Report Form (SRF) to the CYQ certification claim form, for each learner for whom APA is being claimed, as confirmation of achievement of the relevant BTEC units

Please note: Learners taking the **BTEC National Certificate in Sport (Development, Coaching and Fitness)** will cover all of the learning for CYQ unit number 1 and therefore APA may be applied for this unit only. Learners taking the **BTEC National Certificate in Sport (Performance and Excellence)** and the **BTEC National Award in Sport** will cover some but not all of CYQ units 1 and 2. Therefore APL (Accreditation of Prior Learning) may be applied, but not APA. These learners will therefore need to take the CYQ unit 1 theory paper and the CYQ unit 2 worksheet.