

Accreditation of Prior Achievement (APA) claims guide for BTEC National Diploma in Sport & Exercise Sciences

CYQ Certificate in Fitness Instructing		BTEC National Diploma in Sport & Exercise Sciences			
Unit number	Unit title	Unit number	Unit title		
1	Underpinning Knowledge - Theory Paper	1	Anatomy for Sport & Exercise		
		2	Sport & Exercise Physiology		
		3	Sport & Exercise Psychology		
		4	Research Methods for Sports & Exercise Sciences		
		5	Research Project in Sport & Exercise Sciences		
		6	Sports Biomechanics in Action		
		7	Exercise, Health & Lifestyle		
		9	Training & Fitness for Sport		
		12	Sports Nutrition		
		14	Instructing Physical Activity & Exercise		
		21	Applied Sport & Exercise Physiology		
		2	Health, Safety & Professionalism – Worksheet	8	Fitness Testing for Sport & Exercise
				13	Sport & Society
15	Sports Injuries				
23	Work Based Experience in Sport				

Claiming APA for BTEC National Diploma Students (Sport & Exercise Sciences)

In order to claim APA for CYQ Level 2 Certificate in Fitness Instructing units 1 and 2, for BTEC National Diploma in Sport & Exercise Science learners, please follow the guidelines outlined below:

1. Use the table above to establish which BTEC units map effectively to CYQ units 1 and 2
2. Record APA against CYQ unit 1 and/or unit 2 (as appropriate) on the CYQ certification claim form
3. Attach a copy of the Edexcel Student Report Form (SRF) to the CYQ certification claim form, for each learner for whom APA is being claimed, as confirmation of achievement of the relevant BTEC units

Please note: Learners taking the BTEC National *Certificate* in Sport & Exercise Sciences and the BTEC National *Award* in Sport & Exercise Sciences will cover some but not all of CYQ units 1 and 2. Therefore APL (Accreditation of Prior Learning) may be applied, but not APA. These learners will therefore need to take the CYQ unit 1 theory paper and the CYQ unit 2 worksheet.